



# AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

I \_\_\_\_\_ (Participant)  
HEREBY AGREE TO THE FOLLOWING:

Participant is aware that participation in yoga may result in accident or injury an Participant assumes the risk connected with the participation in yoga and represents that Participant is in good health and suffers no physical impairment which would limit the use of the facilities of \_\_\_\_\_ (Venue) for participation. Participant acknowledges that the instructor will not render any medical services including medical diagnosis of the Participant's physical condition. Participant specifically agrees the Venue and its members, Punk Rock Yoga and its members, including Kimberlee Jensen Stedl and the instructor, shall not be liable for any claim, demand, cause of action of any kind resulting from or related to Participant's participation in the yoga classes offered on the Venue's premises.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Address of Participant

\_\_\_\_\_  
Email Address of Participant

\_\_\_\_\_  
Signature of Participant

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If Participant is under 18 years of age:

As Legal Guardian of \_\_\_\_\_ (Participant), I  
consent to the above terms and conditions.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian of Participant